

Communication Specialist

# First Aid Policy

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#### Introduction

First Aid is the initial assistance or treatment given to someone who is injured or suddenly taken ill. The first aid principles are to; preserve life, prevent worsening and promote recovery. At Wyre Forest School, we are committed to ensuring a high quality first aid provision to deal with emergency illnesses, accidents and injuries of staff, pupils, and visitors. Clear and agreed procedures ensure that all persons receive an equal standard of care within our school.

All staff are made aware of this policy and are required to read it thoroughly to ensure they know who to contact in the event of an illness, accident, or injury. The policy will be reviewed annually, and any alterations made to this policy will be communicated to all staff.

All staff will ensure this policy is followed in relation to the administration of first aid. Staff are expected to follow health and safety procedures and take sufficient care for their own and others' safety to minimise risks of illnesses, accidents, and injuries.

#### The aims of this policy are:

- To ensure an effective first aid provision for adequate care of all staff, pupils, and visitors no matter how minor or major the illness or injury.
- To ensure the health and safety of staff, pupils, and visitors.
- To make all staff aware of procedures when first aid treatment is required.
- To make all staff aware of the locations of all first aid kits available in school and the location for the defibrillator on the school's premises.
- To provide a main first aid kit with correct equipment and materials to carry out first aid treatment.
- To ensure all staff are aware of the procedures for administering medication at school.
- To ensure all medications are stored appropriately.
- To accurately report and record all accidents and incidents, and first aid administered.

#### 1. Legislation

Health and safety legislation places an obligation on employers for the health and safety of anyone on the premises. For schools, this includes responsibility for the headteacher, teaching staff, non-teaching staff, volunteers, pupils, and visitors. At WFS, we pride ourselves on providing a first aid service that meets the requirements specified in the *Health and Safety (First Aid) Regulations 1981 (latest edition of Regulations 2022 First Aid in Schools 2022* This legislation gives the standards required for first aid in the workplace and emphasises that all first aid injuries must be treated and reported.

At all times we adhere to the following, *Guidance on infection control in schools and other childcare settings* from the Public Health Agency October 2022).

#### 2. Roles and Responsibilities

All staff receive the following training each year, from the school nurse:

- Medication Awareness Training
- Asthma, Epilepsy and Anaphylaxis

Class teams and Russell House staff are responsible for responses to minor first aid needs, e.g., scrape on the knee. The first aid lead provides each class with resources to support this.

Class team to report injuries to Lotte Tvede, Lead First Aider and inform parents. The First Aider will record the incident on Bromcom

In an emergency situation the class team or nearest member of staff will call an ambulance.

All other first aid should be referred to the first aider on call via work phones or main office who will radio the first aider.

All first aiders in school are trained in First Aid at Work. The Lead First Aider is responsible for ensuring this training is renewed every three years and kept in-date. Staff with paediatric first aid training are symbolised with a (P)

#### School first aiders:

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- Lotte Tvede(Lead) (P)
- Sarah Garbutt(P)
- Stacy Gibson (P)
- Isabel Williams (P)
- Jo Campbell
- Richard Liggitt
- Emma Downes
- Sarn Meddows
- Ann-Marie Meredith
- Rose-Marie Hopkins
- Aimee Pearce
- Sophie Wood
- Elaine Griffin
- John Caldwell
- Steve Withers
- Gemma Mugridge
- Hannah White

#### Russell House first aiders:

- Carla Mole
- Jemma Mole
- Abby Davies
- Nick Sankey
- Lucie Crawford
- Freja Jones
- Helen Davies
- Julie Hinton

#### First aiders are responsible for:

- Acting as first responders to any incidents; they will assess an ill or injured person and provide immediate and appropriate first aid treatment.
- Requesting the defibrillator, where they have been trained, and performing CPR during major illnesses and injuries, where necessary.
- Defibrillator trained staff are Lotte Tvede, Richard Liggitt, Jo Campbell, Emma Downes and from Russell House- Carla Mole, Jemma Mole, Abby Davis. All staff completing 3-day first aid training are defibrillator trained.
- Liaising with the school nurse where necessary.
- Ensuring medical help is summoned when appropriate, e.g., ambulance.
- Liaising with the Headteacher/SLT regarding sending pupils home to recover following first aid treatment, where necessary.
- Informing the pupil's parents of illness or injury as soon as possible. Emergency contact details are found on Bromcom.
- Recording first aid treatment on the same day, as soon as reasonably practicable, on Bromcom, with a telephone call home, if this has not been done by the class team. If a GP or hospital visit is required, this is recorded on Cority
- Ensuring parents/carers are informed of head bumps, minor or major, via a telephone call as soon as reasonably possible. Parents/carers must be provided information in writing regarding guidance on symptoms that may arise from a head bump and action to take if symptoms develop.

In addition to first aider responsibilities, the **First Aid Lead** is also responsible for:

- Ensuring there is an adequate supply of medical materials in the first aid kit and replenishing the contents of the kits in line with the guidance given in the LA's Handbook of Safety Information.
- Monitoring stock and ordering first aid supplies.
- Ensuring the defibrillator is regularly checked, in-date and in working order.
- Ensuring head bump letters are up-to-date and available to all staff for pupil/parents/carers, when required.
- Ensuring First Aid Training is kept up to date

#### 3. First Aid Equipment

To provide adequate first aid care, our **first aid kit is** suitably stocked and regularly replenished in line with LA guidance. The kit is stored in the first aid room.

The minimum provision of first aid materials in a first aid kit includes:

- a. A leaflet containing first aid advice.
- b. Disposable gloves.
- c. Regular and large bandages.
- d. Eye pad bandages.
- e. Triangular bandages.
- f. Eye wash fluid.
- g. Adhesive tape.
- h. Antiseptic wipes.

i. Plasters (assorted sizes).

Cold compresses are also available from the fridges in the first aid room and the early years kitchens.

**Defibrillator** location – in the main office.

**Medication cabinet and refrigerator** location – locked cupboard and fridge in the first aid room. Where permission is given by the school nurse staff will lock pupils' medication in the classrooms.

**Russell House** has 2 x First Aid boxes in house. Location – staff office and kitchen. (Cold compresses available in fridge in kitchenette). **Medication cabinet and controlled drug cabinet** – located in staff office.

#### 4. Emergency Procedure in the Event of a Serious Illness or Injury

In the event of a medical emergency, staff will call 999 for the emergency services before implementing this policy. Staff will liaise clearly with emergency services upon arrival to the school site to ensure the medical needs of the person are met. Class team or office staff are responsible for contacting the pupil's parent/carer as soon as possible.

When an illness, accident or injury occurs, the teacher or staff member in charge will assess the situation and determine the appropriate course of action, including referring directly to a care plan, where required, calling for a first aider and SLT and/or immediately calling an ambulance.

If a first aider is called, they will assess the situation and administer first aid treatment. In the event where a first aider does not feel they can deal with the presenting condition adequately by the administration of first aid, then they should arrange for the ill or injured person to access professional medical treatment as soon as possible.

The first aider will indicate if a moderate to serious injury has been sustained. The following actions will occur:

- Administration of first aid treatment to all those injured. This will help the injured persons to stay alive and feel comfortable until emergency services can be called.
- Ensure no further injuries can be caused from the accident, e.g., making the
  environment safe or moving the injured persons to a safer environment if they
  are fit to be moved.
- Ensure any persons who may have witnessed the accident are seen to as they
  may be worried or traumatised. Parents/carers of pupils who have witnessed
  an accident must be informed for parental support.
- The incident must be reported to the Head teacher and the victim's parent/carer must be contacted.

**Russell House** first aider to inform Head of Care. Parents to also be contacted and child collected by them to return home if necessary and/or requested.

#### 5. Safeguarding

If any concerns are raised that have safeguarding implications, e.g., unexplained bruises, marks or scars, while a pupil is being treated for first aid, the First Aider must log a safeguarding concern on CPOMs as soon as practically possible, where the Designated Safeguarding Lead will take appropriate action.

#### 6. Medication

## \* TO BE READ IN CONJUNCTION WITH SUPPORTING PUPILS WITH MEDICAL NEEDS POLICY \*

#### Consent

When a child is admitted to the school, their parent/carer will be asked to complete and sign a medical consent form. This includes emergency contact numbers, any allergies, chronic conditions, and consent for emergency first aid administration for their child. These details can be found on Bromcom on the pupil's profile. Long-term medication that is required to be dispensed during school time is administered by trained staff.

When a child is ill and requires short-term medication during school hours, parents/carers must complete and sign a consent form for this specific medication before it can be administered by trained staff within school. Medication will only be given in school if the requirement is for four times a day, or in exceptional circumstances, when agreed by the special school nursing team.

If a pupil refuses medication, under no circumstances is the pupil forced to do so. Parents will be informed of the situation and an alternative solution will be mutually agreed between parent and staff member. The incident will be logged on the pupil's prescription sheet.

#### **Storage of Medication**

Medication is securely stored in accordance with individual product instructions, e.g., locked cabinet, locked refrigerator.

All medication must arrive at school and be stored in the original container in which they were dispensed. The container must include prescriber's instructions for administration, properly labelled including the patient's name, date of the prescription and the expiry date of the medication.

Medication should only be handled by adults, e.g., parent or transport escort to hand medication to a staff member and vice versa. Medication must never be carried by a pupil or put in their school bag, except for inhalers.

Any medication required for use in Russell House will be locked away until it can be collected by the Russell House team and the same when returning this to school.

Medication will be returned to parent/carer for disposal when it is no longer required or at the end of term.

All medication that staff bring in for personal use will be locked away in a cupboard or locker.

In the event of pupils needing to evacuate the building due to a fire drill or critical incident, class teams are responsible for taking pupil medication with them

#### **Russell House**

- All care staff trained in 'Safe Handling of Medication'.
- All medications to be collected from school every Monday morning.
- All medications to be stored correctly, contained in original packaging clearly stating prescribed medication label (including name, DOB, dosage, administration instruction, expiry date and patient information leaflet).
- All pupils to have an individual medical administration record in line with Worcestershire County Council Medication Guidance Standards.
- All medication to be checked and signed in and out the house.
- All medication to be checked twice daily during handover.
- All inhalers and rescue medication to be kept in the office.
- All parents to sign medical consent forms on admission to Russell House.

#### 7. Emergency Situations

First aiders are trained to recognise and respond to the emergency needs of children with chronic medical conditions, including asthma, epilepsy, severe allergic reactions, and diabetes. A care plan is put in place with support from the School Nurse to ensure trained staff can respond to the emergency in an appropriate way.

#### Asthma -

Pupils with asthma have immediate access to their reliever inhalers whilst in school. Inhalers are stored in the pupil's classroom for quick and easy access. There are two emergency inhalers; one in the first aid room and one in the office.

#### Epilepsy -

Pupils who have epilepsy may have medication such as Buccolam Midazolam for severe epileptic seizures. The medication is stored securely in a locked cabinet near to the child. If necessary, first aiders and trained staff will follow the pupil's care plan to administer medication and will follow the pupil's emergency procedure.

#### Allergic Reactions -

First aiders and specifically trained professionals are able to identify signs and symptoms of a severe allergic reaction. Pupils and adults in school who have allergies may have been prescribed an EpiPen for emergencies which first aiders and trained staff are able to administer. EpiPens are named, dated, and stored in a locked cupboard in the pupil's classroom for quick access.

#### Bites and Blood Borne Contamination Incidents -

A blood borne contamination incident involves **any** exposure to blood or body fluid from:

- A bite injury.
- Splashing into the eyes or mouth.
- Contamination of broken skin.
- Needle sticks.

The first aider will assess the situation and carry out the necessary first aid including:

- If the skin is broken encourage bleeding and cleanse wound thoroughly by running water over the bite.
- For human bite wounds that puncture the skin advise discussion with GP or Minor Injury Unit for possible antibiotics because of the possibility of bacterial infection.
- If the needle stick injury is caused by dirty needles found on the ground etc. advise immediate visit to GP and/or Minor Injuries Unit.

If a pupil is bitten or bites another child/adult then the recommended NHS Bites letter will be sent home (Appendix 1).

#### Strangulation -

Both the designated safeguarding lead and behaviour lead as well as highlighted members of staff receive ligature training on an annual basis (See Suicide Safer Policy) In the event of an attempted asphyxiation, the first aider will be called to any incident, following the initial response from ligature trained staff

#### **Head Bumps -**

Parents will be informed by telephone of a head bump and a Head Bump Letter will also be sent home.

#### 8. Record-keeping and Reporting

At Wyre Forest school, all incidents, accidents, and injuries (minor and major) are reported as soon as it is practicably possible, preferably on the same day.

All minor accidents or injuries of pupils should be recorded on Bromcom by the first aider. All major or more serious accidents or injuries of pupils or staff members should be recorded on Cority by the first aider. As much detail as possible should be supplied.

All serious accidents, incidents and injuries must be reported to the Headteacher.

Parents/carers should be informed of the accident or injury as soon as necessary by the class team or Russell House staff.

Any serious injuries at school that require professional medical treatment should be logged on Cority via RIDDOR (Reportable Injuries, Diseases or Dangerous Occurrences) and will be investigated by the Headteacher.

Records of accidents and injuries are retained by the school in line with the WFS Data Retention Policy.

#### 9. Educational Visits (Day Visits)

Before undertaking off-site events, the teacher leading the trip will assess the venue by undertaking a sufficient risk assessment of the event involving pupils, school staff, and volunteers attending. This will be reviewed by the EVC Lead and Deputy Headteacher before the trip takes place. The risk assessment minimises risks of accidents and injuries during the trip as dangers have been identified.

A fully equipped first aid kit must be taken on all off-site visits. Emergency medication such as inhalers, EpiPens, and Buccolam Midazolam must be taken and securely stored on a staff member. Where assessed as necessary a ligature kit may also be taken and worn by a member of staff.

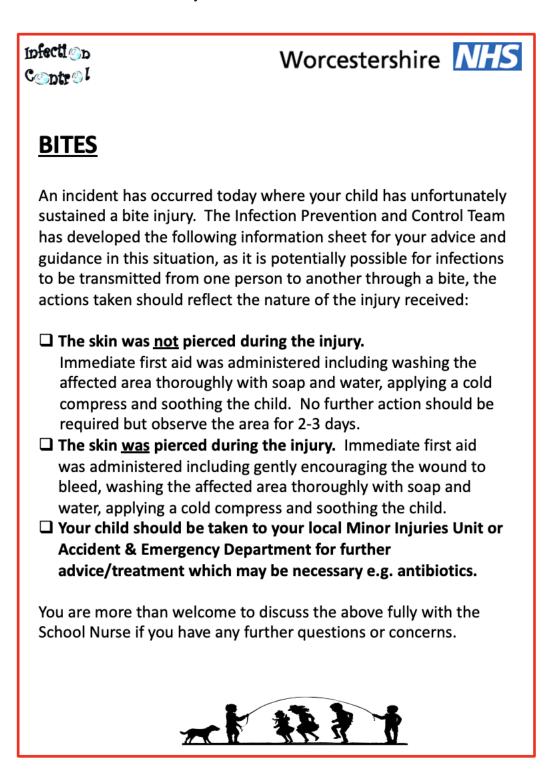
A pupil may require prescribed medication during a day trip or residential, therefore, this medication must be stored in a small, lockable container always kept securely on a staff member. The medication must remain in the original prescribed packaging with patient's name, administration instructions, dosage, and expiry date. Medication will be transcribed by our School Nurse before departure for the trip.

Where an overnight stay(s) are part of the educational visits, medication recording sheets are used and all medication is witnessed and signed against by staff.

More information regarding the school's education visits can be found on the WFS Educational Visits Policy.

#### **Appendix 1 – NHS Bites Information and Guidance Leaflet**

Bites – child has been bitten by another child.



Bites – child has bitten another child or member of staff



### Worcestershire **NHS**



### **BITES**

An unfortunate incident has occurred today where your child has bitten another child or member of staff. The Infection Prevention and Control Team has developed the following information sheet for your advice and guidance. When a bite injury has occurred it is potentially possible for infections to be transmitted from one person to another and actions taken should reflect the nature of the injury received:

- ☐ The skin of the other child/member of staff was not broken during the incident and no further action should be required to be taken by you or your child.
- ☐ The skin of the other child/member of staff was pierced during the injury and therefore it is potentially possible for some infections to be transferred via the blood from one person to another.
- ☐ It is advised that you contact your GP/Minor Injuries Unit/ Accident and Emergency Department for further advice as to whether follow up action or treatment is required.

You are more than welcome to discuss the above fully with the School Nurse if you have any further questions or concerns.







# Parental agreement for school/setting to administer prescribed medicines in school.

The school/setting will not give your child medicine unless you complete and sign this form and the school or setting has a policy that staff can administer medicine. Medication taken in school should be labelled with Child's Name, Name of Drug and Dosage. It should be sealed and handed to the School Secretary and the school should be notified if there are any changes in medication.

Child's name:	
Name and strength of medici	ne:
Expiry date:	
Quantity to be given to school	ol/setting: (i.e. dose to be given):
When to be given:	
Any other instructions:	
Has your child got any allerg	ies? YES NO NO
If yes, please give details	
Please note: Medicines mu pharmacy	st be in the original container as dispensed by the
consent to the school/setting a agree that medical and dental the administration of a general	the best of my knowledge, accurate at the time of writing and I give administering medicine in accordance with the Centre policy. I treatment may be given to my son/daughter if necessary, including anaesthetic and to surgical operations in the case of emergency, including of a qualified medical general practitioner.
Parent / Guardian signature:	
Print name:	
Date:	



2022/2023

### Parental agreement for school / setting to apply nappy cream / lotion/ gel

The school / setting will not apply cream to your child unless you complete and sign this form. Any cream taken in school should be labelled with your child's name.

Child's name	
Name of cream / gel	
Any other instructions	
Parent / Carer signature	
Print name	
Date	
Habberley Road, Kidderminster, Worcestershire DY11 6FA Tel 01562 827785 Headteacher Mrs R. Garratt www.wfs.worces.sch.uk Email: office@wfs.worce.sch.uk	Learning for life

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