

Russell House Curriculum.....

Russell House, offers a specialised curriculum designed to support the unique needs of our students focussing on developing life and independence skills, preparing students for adulthood. The curriculum is tailored to individual needs, emphasizing independent living skills, social interaction and communication, mental health and wellbeing and enhancing educational outcomes through extra curriculum activities.



Independent living skills

Students at Russell House engage in practical life skills training as part of their daily routines. This includes activities such as cooking, cleaning, personal care and money management. These activities are designed to help students gain confidence and competence in managing their daily lives as independently as possible.

Social interaction and Communication

Russell House organizes various group activities and outings that provide opportunities for students to interact with their peers in different settings. These activities include, youth club, swimming, bowling, cricket club, cinema, local parks and attractions, sycamore centre and local shops and

cafes. Such outings help students practice social skills in real-world

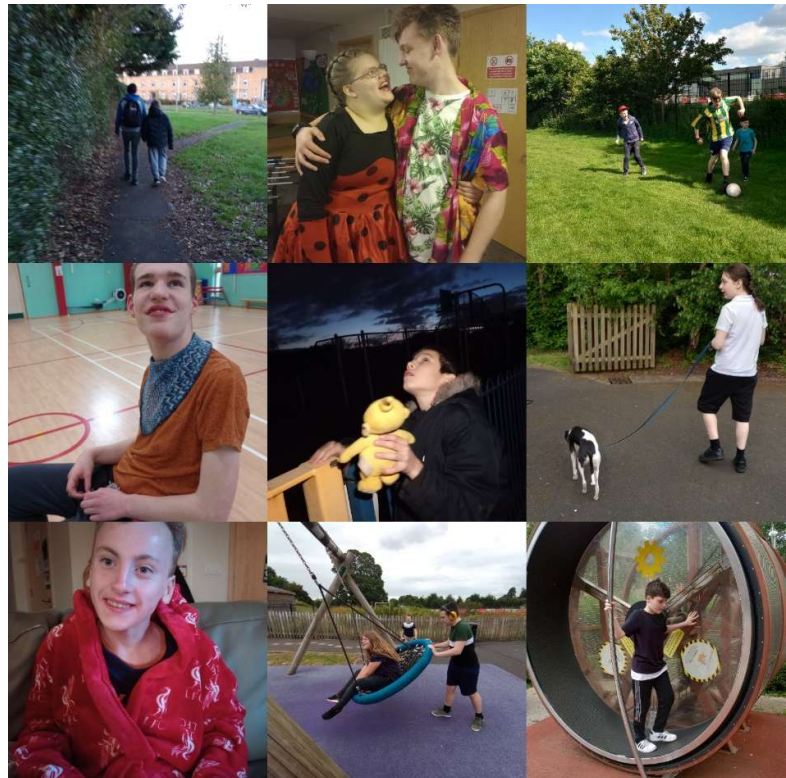


environments and foster a sense of community and belonging. Within Russell House we provide and support unique opportunities for students to develop social relationships within the setting. The boarding experience allows students to interact with their peers throughout the day, during meals,

recreational activities and downtime, promoting continuous social engagement and friendship building within a safe environment.

Mental Health and Wellbeing

Mental Health and Wellbeing is a huge factor in how we care for our students, it's at the forefront of everything we do to ensure that our students feel safe and cared for! We provide plenty of opportunities to promote positive mental health and wellbeing for our students by hosting Let's Talk Sessions and Students Forums which give all our students the opportunity to communicate their



thoughts and feelings. We also have our communication area for those who'd prefer to communicate privately. Outside of these sessions we promote positive mental health and wellbeing by regularly asking students what activities they find fun and what they'd like to do in Russell House. We also have our Pen Pals programme with the Vale of Evesham school which has given our students new friends to meet. We regularly encourage our students to practice health eating and to take part in physical exercise by organising trips to the park, playgrounds, swimming and walks.