

Produced with reference to PSHE Association (2017), CDI Career Development Institute (2015), Worcestershire Agreed Syllabus for Religious Education for 2015-2020 & Sex Education Forum (2017)

| Personal Social Health & Careers Education                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                       | Relationships & Sex Education                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Religious Education                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                    |
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| Health & Well-Being                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Relationships                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | Living in the Wider World                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | Careers, Employability & Enterprise                                                                                                                                                                                                                   | Physical Changes & Keeping Safe                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | Know about & understand a range of religions and worldviews                                                                                                                                                                                                                                                                                                                                                                                                        | Express ideas & insights about the nature, significance and impact of religions and worldviews                                                                                                                                                                                                                                                                                        | Gain & deploy the skills needed to engage seriously with religions and worldviews                                                                                                                                                                                                                                                                                  |
| <p>What constitutes, and how to maintain, a healthy lifestyle including the benefits of physical activity, rest, healthy eating and dental health .</p> <p>To recognise what they like and dislike, and to begin to recognise that choices can have good and not so good consequences</p> <p>To think about themselves, to learn from their experiences, to recognise and celebrate their strengths and set simple but challenging goals</p> <p>To learn about the the importance of, and how to, maintain personal hygiene</p> <p>To develop simple skills to help prevent diseases spreading</p> | <p>To communicate their feelings to others, to recognise how others show feelings and how to respond</p> <p>To recognise that their behaviour can affect other people</p> <p>To know the difference between secrets and nice surprises and the importance of not keeping any secret that makes them feel uncomfortable, anxious or afraid</p> <p>To recognise what is fair and unfair, kind and unkind, what is right and wrong</p> <p>To share their views and opinions in a familiar group.</p> | <p>To contribute to the life of the classroom and school</p> <p>To help construct, and agree to follow, group, class and school rules and to understand how these rules help them</p> <p>To learn that they belong to different groups and communities such as family and school</p> <p>To discover what improves and harms their local, natural and built environments and develop strategies and skills needed to care for these (including conserving energy)</p> <p>To learn that money can be earned, spent or saved and is used for different purposes</p> | <p>To learn about the 'special people' who work in their community and who are responsible for looking after them and protecting them; how people contact those special people when they need their help, including dialling 999 in an emergency.</p> | <p><b>Relationships:</b></p> <p>Who is in my family?</p> <p>How are other families similar/ different to mine?</p> <p>What does my family do for me?</p> <p>What do I like about my friend?</p> <p>What does my friend like about me?</p> <p>What can other people do to make me feel good?</p> <p>Who do I look after?</p> <p>Why shouldn't I tease other people?</p> <p><b>My body</b></p> <p>Why are girls and boys bodies different?</p> <p>What do we call the different parts of girls' and boys' bodies?</p> | <p>Recall and name some different beliefs and practices, including festivals, worship, rituals and ways of life.</p> <p>Retell and suggest meanings to some religious and moral stories, exploring and discussing sacred writings and sources of wisdom and recognising the communities from which they come.</p> <p>Recognise some different symbols and actions which express a community's way of life, appreciating some similarities between communities.</p> | <p>Ask and respond to questions about what communities do, and why, so that they can identify what difference belonging to a community might make.</p> <p>Observe and recount different ways of expressing identity and belonging, responding sensitively for themselves.</p> <p>Notice and respond sensitively to some similarities between different religions and world views;</p> | <p>Explore questions about belonging, meaning and truth so that they can express their own ideas and opinions using words, music, art or poetry.</p> <p>Find out about and respond to examples of co-operation between people who are different</p> <p>Find out about questions of right and wrong, and begin to express their ideas and opinions in response.</p> |

KEY STAGE ONE

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| <p>To learn about change and loss and the associated feelings (including moving home, losing toys, pets or friends)</p> <p>To learn about the process of growing from young to old .</p> <p>To know that household products, including medicines, can be harmful if not used properly</p> <p>To learn about rules for and ways of keeping physically and emotionally safe including responsible ICT use and online safety, road safety, cycle safety and safety in the environment, rail, water and fire safety</p> <p>To find out about people who look after them, their family networks, who to go to if they are worried and how to attract their attention</p> | <p>To identify their special people (family, friends, carers), what makes them special and how special people should care for one another</p> <p>To judge what kind of physical contact is acceptable, comfortable, unacceptable and uncomfortable and how to respond (including who to tell and how to tell them)</p> <p>To know that people's bodies and feelings can be hurt.</p> <p>To recognise when people are being unkind either to them or others, how to respond, who to tell and what to say</p> <p>To listen to other people and play and work cooperatively (including strategies to resolve simple arguments through negotiation)</p> | <p>To find ways in which they are all unique; understand that there has never been and will never be another 'them'</p> <p>To know ways in which we are the same as all other people; what we have in common with everyone else .</p> | <p>How much have I changed since I was a baby?</p> <p>How are other children similar and different to me?</p> <p><b>Keeping safe and looking after myself</b></p> <p>Which parts of my body are private?</p> <p>When is it ok to let someone to touch me?</p> <p>How can I say 'no' if I don't want someone to touch me?</p> <p>Who should I tell if someone wants to touch my private parts?</p> <p><b>People who help me</b></p> <p>Who can I ask if I need to know something?</p> <p>Who can I go to if I am worried about something?</p> |  |  |  |  |
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