

AI and Cyber Safety

Do you know what AI is and what your children can do with it?





The internet and online world is changing with the rise of AI tools

AI is remarkable but also a little scary, so it's important to understand it a little bit

Do you need any help or tips to make your children's devices safe?

Things that look and sound real, might not be, could you or your children spot them?

We have some really easy to access resources to help

  **Click these links to get more information on AI and guides on setting up your devices**  

[How to Help Children Use AI Safely](#)

[Parental controls and privacy settings guides](#)

internetmatters.org is a charity that creates guides to help parents and children stay safe on the internet

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