

Safeguarding News

May 2023

WELCOME TO OUR SUMMER NEWSLETTER



Wyre Forest School's families and safeguarding team is committed to supporting our families in the best way we can. Please find contact details below for ANY concerns or worries for your child or your family.

We can support any worries or concerns around SEND, safeguarding, behaviour, mental health, relationships, housing, finances, transport and much more.

The Families and Safeguarding Team



Donna Lester - Early Intervention Family Support
I am situated at the front gate at the start and end of each school day, please come and speak to me about any concerns. Alternatively, email me on dml31@wfs.worcs.sch.uk



Hannah White – Challenging Behaviour Family Support – Mon, Tues, Wed, Thurs
I am working closely with the schools' behaviour lead to support families with concerns around behaviour. Please don't hesitate to contact me on hwhite@wfs.worcs.sch.uk



Lauren Gillam - Early Years Family Support – Mon, Tues, Wed, Fri
I will be available at the early year's hub in the morning and afternoon for parents to speak to me about any concerns. lgillam@wfs.worcs.sch.uk



Hello there!

Alison Hopkins, Deputy Head at Wyre Forest School.

As part of the safeguarding team, my role is to ensure that all our pupils are safe and that families are well supported

If you have any concerns about keeping your child safe, your child's attendance or would like some advice or support regarding an issue at home please contact me at

ahopkins@wfs.worcs.sch.uk

Family Front Door

01905 822666

Dial this number if you are concerned that a child is at risk of SERIOUS HARM

Family Support through the Holidays



Donna Lester has recently been promoted to Senior Family Support Worker. This means she will be available for support throughout the school holidays.

You can contact Donna between 9am and 3pm.

Please ring the school office and choose option 7 on the phone system to be put through to Donna.

Introducing...



Please welcome Lauren to the team!

Lauren will be the new family support worker for early years when she returns from maternity leave after half term.

Lauren will be available at the early year's hub in the morning and afternoon for parents to speak to her about any concerns.

Starting Well Partnership

FUSSY EATERS WEBINAR

Free Online Workshop

For more information, or to book your place please call: 01562 827 207 or 01299 877 920

Tuesday 6th June 2023
10am-11.30am
Venue: Microsoft Teams
Scan the QR code to book

Fed up with stressful mealtimes? We're here to help..

To help children up to the age of 11 Years.

Join to get support and new ideas for:

- How to encourage your child to try new foods - and begin to enjoy them!
- Child-friendly foods that provide what they need to grow and be healthy
- Happier family mealtime

Believe in children
Barnardo's

Starting Well Partnership

EVERY CONTACT SHAPES A LIFE

STARTING WELL PARTNERSHIP SUPPORT FOR PARENTS, CARERS AND CHILDREN WITH ADDITIONAL NEEDS



SUPPORT FOR CHILDREN WITH ADDITIONAL NEEDS

Starting Well Partnership offers a variety of support:

- Programmes for parents and carers
- Groups for children, parents and carers
- Community events throughout the year
- Signpost to other organisations and support groups



UNDERSTANDING YOUR CHILD ASC

Come along to this relaxed group to discuss developmental needs, having fun, communication, sleep and behaviour difficulties. This programme is suitable for parents/carers with children aged 0-19 years.

INCREDIBLE YEARS ASC

The Incredible Years ASC programme explores children's social and empathy skills, relationships with others, emotional regulation, language development and behaviour problems. This 14 week programme runs termly and is suitable for those with 2-6 year old children.



SEN PEER SUPPORT

A group set up for parents and carers to share information, gain support and socialise in a child free environment. No diagnosis is required. Come along every 1st and 4th Wednesday every month at Brookside Family Hub from 9:30am till 11:00am.



PARENT HELPLINE

Our parenting team are here for you with a friendly, listening ear and practical advice on every topic. Please call 07546 761387 between 9am and 12pm on Mondays.



LITTLE BEES

Join us for lots of fun activities including musical and sensory play for little ones to enjoy. This group is for children aged 0-5 years with additional needs and runs on a Thursday 1:30-2:30 at Brookside Family Hub.

PEEP STAY AND PLAYS

Come along to PEEP stay and play on:

- Mondays 10-11 at Brookside Family Hub
- Tuesdays 9:30-10:30 at Rainbows Day Nursery, Stoney Lane
- Thursdays 1-2 at Half Crown Wood Family Hub



COMMUNITY SUPPORT

Our community team are able to provide support with food, clothing, household items, toiletries and much more. Look out for local community events near you on our Facebook page.

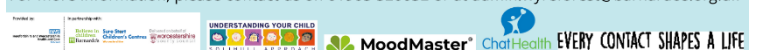


MOODMASTERS (TIME FOR ME)

Parents and carers can come along for a hot drink, crafts and a chat with our fab team. These peer support sessions provide a range of simple and creative tools to help you cope better with everyday stresses and worries. Please contact us for more information and to book onto the next group.



For more information, please contact us on 01905 520032 or at admin.wyreforest@barnardos.org.uk



Summer 2023	Monday		Tuesday	Wednesday		Thursday	Friday
Brookside Family Hub Borrington Rd, Kidderminster, WORCS, DY10 3ED	Well Child Clinic 9:30am-2:30pm— <i>call to book</i>		Midwife Clinic	Midwife Clinic Self Weigh Clinic 1:00-2:00pm		Midwife Clinic (from 15/6)	Speech & Language Appointments 9am-3pm
	PEEP Drop In & Play 0-5 years 10am-11am	Parent Help-line 9am-12pm Mondays 07546 781387 <i>Information, advice, guidance and support for parents/carers with children and young people aged 0-19 years</i>	Breastfeeding Support group 10:00-11:30am Birth & Beyond preparation for parenthood 4:00-6:00pm	Birth & Beyond— preparation for parenthood 9:30-11:30am SEN Peer Support group for Parents/ carers 9:30-11:00am 10/5, 24/5, 14/6, 28/6, 12/7	HENRY Right from the Start (0-5 yrs) group for parents FREE Creche places available 12:15-2:45pm 24/5—19/7	Time for Baby stay & play <i>Non-movers</i> 10-11am Tots Time stay & play (0-5 yrs) 11:30am-12:30pm	Little Bee's SEN stay & play — stay & play for children aged 0 to 5 years with additional needs 1:30-2:30pm PEEP Drop In & Play 0-5 years 10am-11am
Half Crown Wood Family Hub Princess Way, Stourport-on-Severn, WORCS, DY13 0EL	Speech & Language Appointments 9am-3pm		Midwife Clinic	Well Child Clinic 9:00am-11:30am <i>Please call to book</i>		Midwife Clinic	Self Weigh Clinic 1:00-2:00pm
			Find us on Facebook... Starting Well Partnership—Wyre Forest   SCAN ME			Understanding your Child: ASC group for parents 10:00am-12:00pm 4/5—13/7	PEEP Drop In & Play 0-5 years 1:00-2:00pm
Community Groups & Activities	HENRY Growing Up (5-11 yrs) group for parents Springfield Park Community Cafe 12:30-2:30pm 15/5—10/7		PEEP Drop In & Play 0-5 years 9:30-10:30am Rainbows Day Nursery, Stoney Lane, Kidderminster, DY10 2LX	The Incredible Years: ASC group for parents Kidderminster Health Centre 12:30-2:30pm 14/3—4/7	CHAT HEALTH IF YOU'RE AGED 11-19 YEARS YOU CAN TEXT THE NUMBER BELOW TO SPEAK TO A SCHOOL HEALTH NURSE FOR CONFIDENTIAL ADVICE AND SUPPORT ON A RANGE OF HEALTH AND WELLBEING ISSUES text: 07507331750		Understanding Yourself & Parenting A group for young people at The Wyre Forest School, Sixth Form 8th June—13th July 9:00-10:20am CLOSED group
			Understanding your Child group for parents St Ambrose Primary 9:00-11:00am 5/5—14/7			Meet the Midwife Opal Team <i>Keep a look out for the next dates</i>	

If you're worried about how gambling makes you feel, we can help

What would you like help with?

I'd like to feel more in control of my gambling

See how others have gained control of their gambling and take our tests to get the tools that are right for you.

I'm worried about my gambling

Explore information, advice and support services that have helped others to regain control, or stop gambling altogether. You can also access useful tools to help you feel in control again.

I want to help someone who's gambling

It can be hard to know what to say or do. Learn how to help someone who's gambling and get support and advice so you can look out for you too.

GambleAware

Freephone 24-7 National Gambling Helpline : **0808 8020 133**

Sleep advice service



Our dedicated sleep service is here to help.

Alongside our Sleep Tips booklet and relevant guides, we also offer one-to-one support. This involves completing an application form for your child and two weeks' worth of sleep diaries which we'll send out to you as long as you come under our criteria for support.

If you need one-to-one support and are a parent/carer or a professional referring a family with their consent to having sleep support, please click the button below to contact the sleep service.

If you have a question or query about our services please email us at sleep@cerebra.org.uk.

A Good Night's Sleep Has Transformed Our Family Life

15 May 2023

Mum Rachel tells us about her four year old daughter and how support from our Sleep Service helped to transform their lives.

Click the link to read the story and refer yourself to the sleep support service:

[A Good Night's Sleep Has Transformed Our Family Life - Cerebra](#)

**WFS
Parents,**

Join Hannah, Donna and Lauren for
a Family Support parent pop in
session.

2pm Wednesday 21st June
Russell House

Come along to access support
around SEND, finances, behaviour,
sleep, housing, transport and much
more!